

FEEL helps policymakers understand the frugal city approach, applying resource sufficiency and community cooperation to achieve a greener Europe.

Interreg Europe



Co-funded by the European Union

FEEL

Interreg Europe FEEL Project

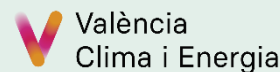
FEEL is an Interreg Europe Project funded by the European Regional Development Fund, with the objective to implement the **Frugal City** approach in policy instruments in European cities through **Resource Sufficiency** and **Community Cooperation**. The project will run from March 2023 until May 2027

The project is 80% funded by Interreg Europe

Policy Objective: Greener Europe through Energy Efficiency

Meet our Project Partners:

- Local Climate and Energy Agency of South Brittany, France-Lead Partner
- Cork City Council, Ireland
- Bistrita Municipality, Romania
- Frederikshavn Municipality, Denmark
- Liguria Region, Italy
- Valencia Climate and Energy Foundation, Spain
- Mazovia Energy Agency, Poland
- North Sweden Energy Agency, Sweden
- Energy Cities- Advisory Partner



The Frugal City Concept

'Simplify your life and feel the benefits.'

The Problem

If we continue to consume resources without any consideration for future generations, we will need to find four more planets from which to extract resources.

Methodology

The Interreg Europe FEEL project will help policymakers understand the frugal concept and improve policy to enable the frugal concept in European cities.

Sufficiency

Implementing sufficiency is a conscious choice to avoid use of resources across many sectors.

Frugality

The FEEL Project strives to make us rethink about our energy use, decoupling economic development from the environment and serving our essential needs over our demand.

Community Cooperation



By promoting our simplified vision of life with successful, inspiring stories, we can empower others to choose to implement the frugal concept in their own lives benefitting from better health and wellbeing, and financial savings.

Digitalisation

Behavioural change

Energy

Mobility

Manufacturing

Housing

Frugal City

Creating an inclusive, sustainable, altruistic city with an improved quality of life within the planetary limits.

