## Charitable Foundation UA Charitable Foundat

### HOPE KIDS

Psychological stabilization and rehabilitation project for children affected by the war

#### Problem

- Lack of access to information about current opportunities for psychological rehabilitation
- Lack of a single program for psychological rehabilitation according to the level of psychological trauma of children
- Lack of information about the real consequences of russian terror for children of different ages
  - A financial barrier to obtaining quality psychological help

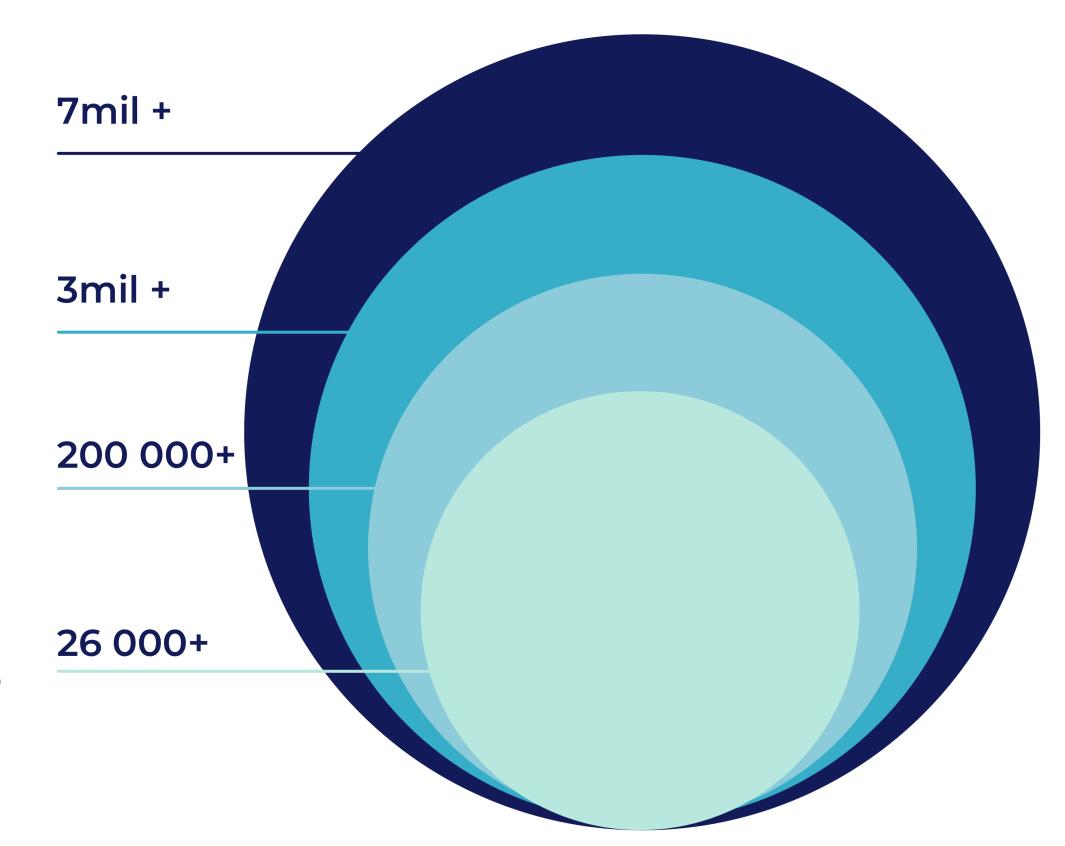
#### Problem size

Children who were affected by the full scale invasion

Children who lived in the war zone

Children who suffered losses due to the war

Children who suffered trauma due to the war



#### Solution

Collection and updating of data on children affected by russian aggression

Provision of direct psychological assistance and involvement in psychological rehabilitation of at least 1,000 children per month

Development of a system of psychological rehabilitation depending on the level of psychotrauma and damage to the child

Creation of a single center of psychological rehabilitation and implementation of the developed system in related organizations

#### What is "Hope for kids"?

Psychological stabilization and rehabilitation of children, who underwent occupation, became victims or witnesses of violence, or suffer from post-traumatic stress disorder (PTSD) - program, carried out by qualified psychological specialists, with the aim of stabilizing, preserving or restoring mental health, achieving social and psychological well-being; reducing the frequency and severity of the consequences of war mental trauma in the form of acute stress reactions; prevention of aggressive and self-destructive behavior.

We currently locate the children's center in the Lviv region, in a recreation area. The center is based on a country recreation complex, equipped with therapy and study classrooms, areas for communication and liesure, medical offices and a bomb shelter.

#### from 7 to 15 years old

the age of the children for whom the program was developed

#### Psychological program points

#### **THERAPY**

Qualified psychiatrists/
psychotherapists of the West
Ukrainian Specialized Children's
Medical Center. Establishing the
level of PTSD. Application of
combined methods of
psychotherapeutic work in
individual and group therapies

#### **ADAPTATION**

Adaptation of children, stabilization and restoration of the psychological state with the help of psychological practices, art therapies, mood circles. Daily work with a psychologisteducator

#### **LEISURE**

Entertainment,
excursions, games,
relaxation, activities
according to the
recommendations of
psychotherapists and
psychiatrists

#### **Project Stages**

PSYCHOLOGICAL STABILIZATION AND REHABILITATION

Work according to a specialized evidence-based program and psychological section, psychological stabilization

FURTHER SUPPORT PROGRAM

Individual and group work of the child and his parents/guardians with a psychologist after completing the program

REPEATING THE PHYCOLOGICAL PROGRAM

If re-stabilization is needed, a repeat rehabilitation program is held with a more in-depth and individualized program

#### Result

restoration of the regime (normal sleep, nutrition, rest)

emergency psychological help in case of an acute reaction to stress formation of positive reactions, motivations, social attitudes towards life

formation of an algorithm-scheme of continuing life after a traumatic event

restoration of
disturbed (lost) mental
functions to the
optimal level of their
expression

prevention of further development of psychological trauma and mental disorders

#### Project budget for 60 children per month



Reabilitation program

38 000\$



Project staff

12 000\$



Operational costs

3 000\$



Administrative costs

2 000\$

Total for month:

55 000\$

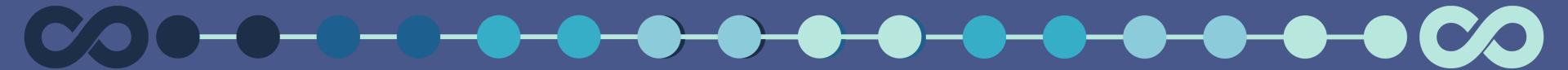
Total for a year:

660 000\$

#### The main goal of the project "Hope for Kids"

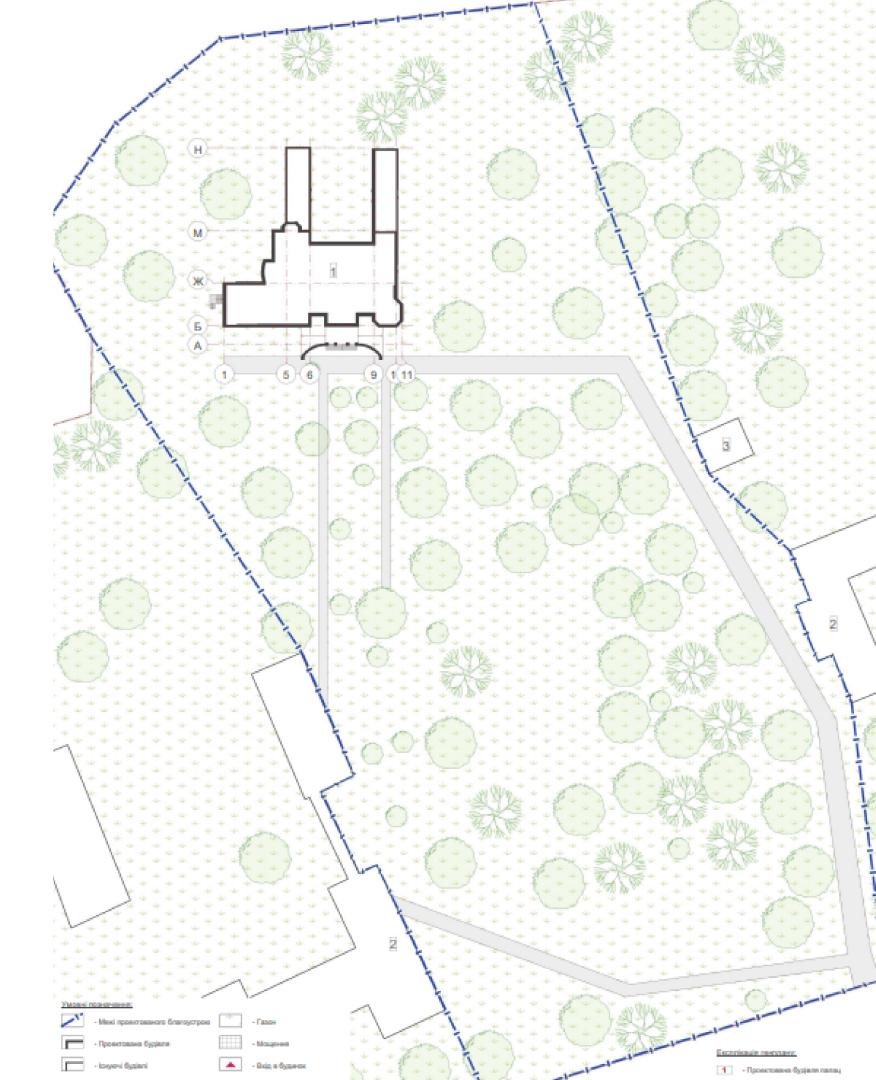
Our goal is to create a specialized center for the psychological stabilization and rehabilitation of children to help them realize and transform traumatic experiences into a driving force for the development of a peaceful future.

- Creation of a single state program of child support
- Reaching more children
- Long-term perspective
- Cost optimization



#### The Future center "Hope for Kids"

- Region, in the recreation area of the Arboretum near the Dniester River
- Monument of architectural significance with a total area of **2,7 hectars**
- The total capacity of the building is 250 children, which makes it possible for about **3,000 children** to complete the psychological program per year
- The total cost estimate of the project is 3 240 000 \$



#### Visualization of reconstruction



# Group games

Smiling and happy children



#### The atmosphere of the center

Psychological classes







#### About us

HOPE UA - Ukrainian charity fund, aimed at ensuring a happy and healthy future for Ukrainian children and families affected by the war.

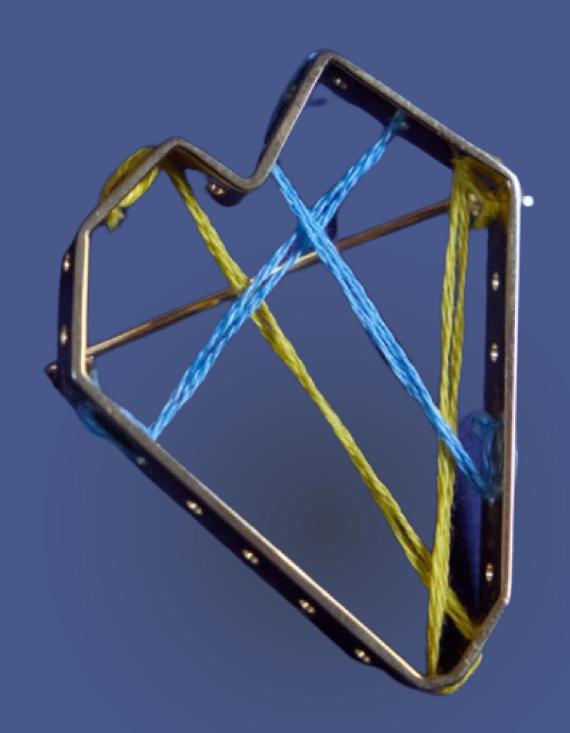
Our goal: To ensure the social, psychological and humanitarian security of children affected by the war.

Mission: Establishing an effective system of assistance to war victims, by uniting like-minded caring people.

#### President's award

In accordance with the Decree of the President of Ukraine No. 850/2022 on awarding the badge of the President of Ukraine "Golden Heart" for a significant personal contribution to the provision of volunteer assistance and the development of the volunteer movement, in particular during the implementation of measures to ensure the defense of Ukraine, the protection of the safety of the population and the interests of the state in In connection with Russia's military aggression against Ukraine and overcoming its consequences, it was decided:

To the awarding of the "Golden Heart" award of the President of Ukraine to Roman Hrynkevich, volunteer and director of the charitable organization "NOPE UA Charitable Foundation"



#### **Partners**































































BESKWEET









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