



Urban Farming - Policies and Practices for Sustainable Cities and Regions

AGENDA

11 May 2023

On-site event. Venue: [Peroto Literary Club \("The Quill"\)](#)

Sofia, 1 Bulgaria Blvd, National Palace of Culture

09:00 – 09:30 **Registration and coffee**

09:30 – 10:15 **Opening and welcome by official guests**

Keynote Speech by Mrs. Yordanka Fandakova, Mayor of Sofia

CityZen support for urban farming policies, *Daniela Tchonkova*, ARC Fund

CityZen in the context of Interreg Europe, EU perspectives,
Antoine Duquennoy, Joint Secretariat, Interreg Europe

10:15– 11:00 **Panel discussion:**

CityZen Policy Changes and Action Plan outcomes to boost urban farming

Moderators: *Daniela Tchonkova*, *Denitsa Marinova*, ARC Fund

Desislava Todorova, SofiaGreen

Catia Morgado, Irradiare, Municipality of Beja and CIMBAL

Evdokia Mangou, Region of Central Macedonia

Ines Mendez, Natural Heritage Foundation of Castilla y León, FPNCYL

Simone Sterly, Institute for Rural Development Research

11:00 – 11:15 Coffee break

11:15 – 12:00 **CityZen Stories of Inspiration – part 1**

Moderator: *Carla Weber*, Institute for Rural Development Research

Hortas Top - Pedagogical Support Application to promote vertical urban gardens in schools in Baixo Alentejo

António Bota, President of the Intermunicipal Council of CIMBAL

Dry farming or how to deal with the lack of resources - pros and cons, Inspiration case from the Baixo Alentejo staff exchange of Sofia partners

Natasha Marinova, Independent researcher and UF practitioner – “Community Vegetable Garden 1”

URSA project on soil fertility and the efficient use of irrigation water - Units for the Recirculation of By-Products from Alqueva

Eng. David Catita, EDIA - Empresa de Desenvolvimento e Infraestruturas do Alqueva, S.A.

Q&A

12:00 – 13:00 Lunch break

13:00 – 13:45 **CityZen Stories of Inspiration – part 2**

Moderator: *Beatriz Urbano*, Higher Technical School of Agrarian Engineering-University of Valladolid

Green rooftops of the Municipality of Neapoli-Sykies

Viktoria Rizou, Civil Engineer T.E, Technical Department of Municipality Neapoli- Sykies

Evgenia Taka, Civil Engineer, Technical Department of Municipality Neapoli- Sykies

Good practices in production and communication of urban agriculture

Fernando González-Andrés, Full Professor of crop production at Universidad of León, and

Jerónimo Jablonski García, Ayuntamiento de Juzbado Salamanca,
Colaborador programa REACT

**Communicating multifunctional agricultural land use in the
metropolitan region RhineMain**

Kjell Schmidt, Regionalpark RhineMain

Q&A

13:45 – 14:15 **Networking time and exchange of plant seeds**

Facilitators: **Natasha Marinova** and **Bojidar Emanuilov**, “Koren”
Foundation, “Community Vegetable Garden 1”

All participants should bring seeds of their favorite plants and exchange
contacts and ideas for growing new initiatives

14:15 - 14:30 **Wrap up and closure**

14:30 – 16:30 **CityZen Project meeting (for CityZen team members)**

Project meeting to discuss practical issues of final reporting as well as
future steps and joint projects.

AGENDA

12 May 2023

09:00 – 10:30 **Visit to “Nearby Farm”** <https://blizkataferma.com>

This is a family-run peri-urban farm that grows and sells leafy greens to
subscribers, organizes school camps for children, family visits, gardening
Saturdays, silent camps for adults, etc.