

# COVID & SPA THERAPY

## InnovaSPA webinar

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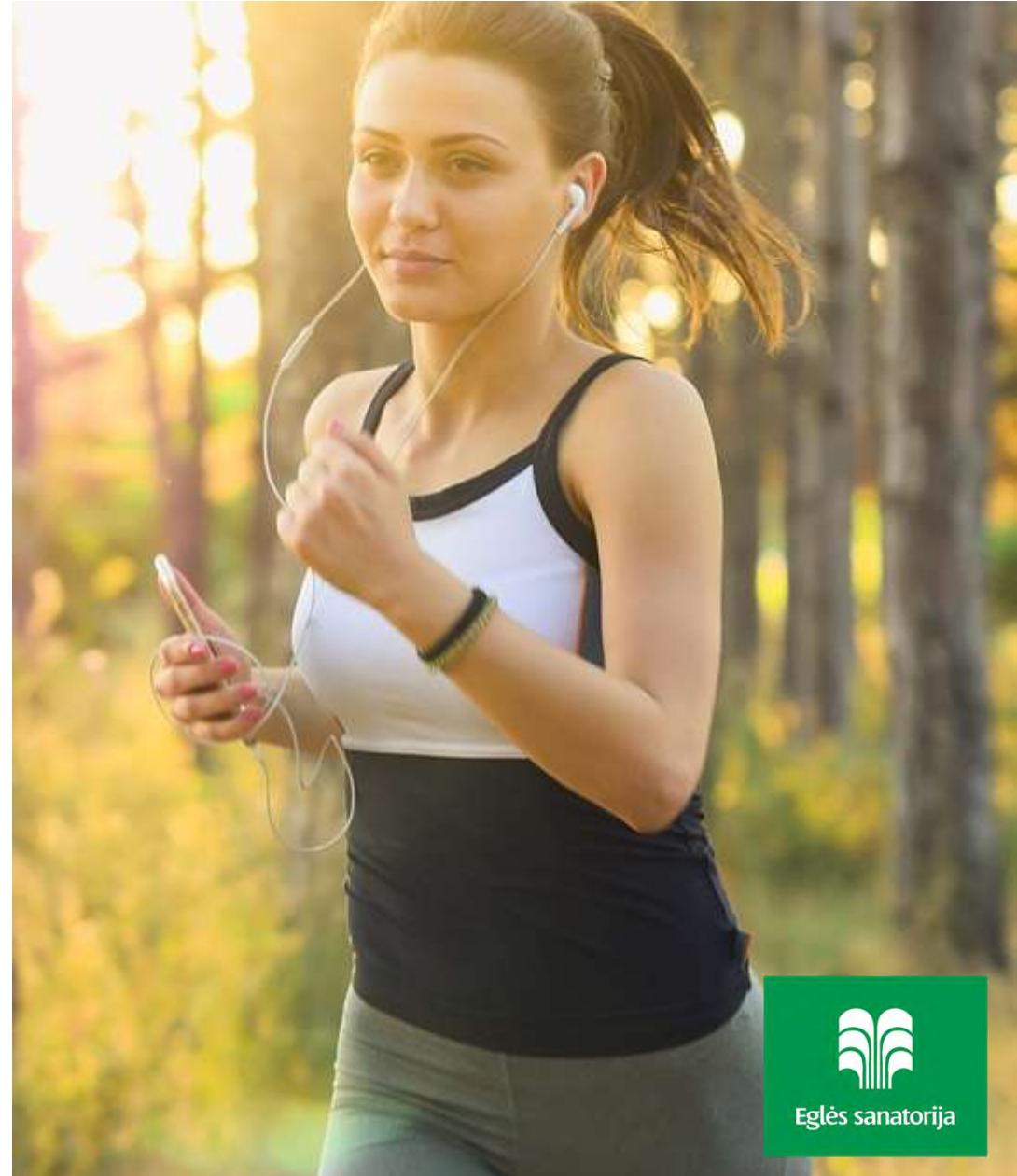
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Eglēs sanatorija

# WHAT IS COVID-19?

CHINA  
MARCH IN LT  
1<sup>ST</sup> WAVE  
2<sup>ND</sup> WAVE



# SITUATION IN LITHUANIA



MARCH 2020  
JUNE 2020  
OCTOBER 2020  
YEAR 2021  
SPRING 2022



# ANTI COVID PROGRAMME AT “ EGLÈS SANATORIJA”

YOUR MEDICAL SPA TREATMENT-REHABILITATION PROGRAMME INCLUDES:

- Physician's consultation
- Spirometry twice (examination of the respiratory function upon arrival and before leaving)
- 5 therapeutic treatments\* per day:
  1. Individual physiotherapy
  2. Therapeutic bath: **Dry Carbonic Acid with the Oxygen Therapy (NEW!)**
  3. Therapeutic massage: Classic (15 min) or with the apparatus “Wellsystem Medical Plus”
  4. Physical agent modalities: Electrical Stimulation, Diaphragm Stimulation, Magnetic Field Therapy, Halotherapy, Ultrasound Therapy or other
  5. Respiratory Function Improvement with **RespiCare (NEW!) or Binaural Relaxation**

\* The treatments are indicative and will be prescribed individually by a physician who will assess your health condition and prescribe treatments considering indications and contraindications. The treatments are for adults.



# ANTI COVID PROGRAMME AT “ EGLÈS SANATORIJA ”



## IMPORTANT INFORMATION:

- Minimum programme duration for booking is a 5 night-stay. Recommended duration from 12 to 14 days
- Run only in Druskininkai



# ANTI COVID PROGRAMME AT “ EGLÈS SANATORIJA”

BREATHING!!!

1. “RespiCare” is a respiratory enhancement device for treatment and prevention that aims to improve respiratory function and respiratory muscles, as well as increase chest mobility, increase blood circulation, improve lung ventilation, and increase the body’s resistance to various respiratory conditions.

The treatment is performed while sitting on a “RespiCare” treatment chair while enjoying relaxing music, and breathing correctly. The heating function of the chair support also helps to relax the muscles and provides complete comfort. The treatment takes 30 minutes.

2. Ozone therapy (blood enriched with oxygen through vein); better inner breathing

3. Right breathing



# TESTING

patients after Covid-19

2021.01-02 19 patients after Covid-19

Age: 37 to 69 (average 57,42)

Treatment cycle: 5 to 14 days (average 8,5 days)



- **Stange testas.** Prieš reabilitaciją vidutiniškai 23 sekundės, po reabilitacijos 37 sekundės, stebėtas 14 sekundžių ilgesnis kvėpavimo užlaikymas po įkvėpimo. **61%**
- **Hench testas.** Prieš reabilitaciją vidutiniškai 14 sekundžių, po reabilitacijos 20 sekundžių, stebėtas 6 sekundžių ilgesnis kvėpavimo užlaikymas po iškvėpimo. **43%**
- **Spirometry**
  - Gyvybinės plaučių talpos (VC) vidutiniškai padidėjo po reabilitacijos 0,307 litro, **7,6%** norminio dydžio padidėjimas.
  - Forsuota gyvybinė plaučių talpa (FVC) vidutiniškai padidėjo po reabilitacijos 0,276 litro, **6,37%** norminio dydžio.
  - Forsuoto iškvėpimo tūris per pirmają sekundę (FEV1) vidutiniškai padidėjo po reabilitacijos 0,081 litro, **5,37%** norminio dydžio.

# SALES

Social system, %

2020.04-2022.06 total TLK patients 9087  
U07 diagnosis patients 1823  
**20%**

2021.09	2021.10	2021.11	2021.12	2022.01	2022.02	2022.03	2022.04	2022.05	2022.06
57	63	68	74	81	78	58	17	11	8



# SALES

Self Payers, days

2021.09	2021.10	2021.11	2021.12	2022.01	2022.02	2022.03	2022.04	2022.05	2022.06	Total
84	109	169	105	149	44	83	37	44	32	856



# WHAT WE EXPECT

Need more  
examinations to have:  
Covid=Flue

“Softer”  
modifications=>  
Less heavy cases

Clear action plan

More questions than  
answers



THANK YOU ☺



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