Linking Wellness & Nature for future generations: The strength of the spa sector jointly with the unique preserved dark skies in Hortobágy National Park for developing sustainable astrotourism at international level
### 1. INTRODUCTION

**A) SHORT INTRODUCTION TO THE NIGHT LIGHT**

In the Night Light project regional authorities from The Netherlands, Hungary, Spain, Luxemburg, Denmark, Slovenia and Italy has joined forces to improve their regional policies for the prevention of light pollution, preservation of dark skies and the sustainable exploitation of dark sky places. The project introduces packages of regional policy measures for each of the partner regions that will result in a lasting reduction of light pollution, the designation of nature areas where dark skies are protected and the introduction of new services and facilities to attract ecotourism to these dark sky areas.

**B) SHORT INTRODUCTION TO PEER REVIEW METHODOLOGY**

Night Light peer review methodology helps regions to improve their policies for the prevention of light pollution, preservation of dark skies and the sustainable exploitation of dark sky places.

The Night Light peer review methodology standardises the relevant aspects that need to be measured, in order to enable experts with
different background, to assess the regional situation in an objective way. By this, they will be able to give appropriate recommendations on the field of prevention light pollution and preservation of dark skies at the host. The other important advantage of peer review is the selection of experts, who are practitioners in the field of the assessment, which means that the recommendations given by them after the review will be practical and realistic.

2. OVERVIEW AND BACKGROUND

A) GENERAL OVERVIEW AND CONSIDERATIONS

According to the working plan of the NIGHT LIGHT Project, a series of different “Peer Review Week” are taking place as one of the main activities to be developed by the Project, hosted by the participant partners. The goal of this activity is to analyse how the host performs in the topic, therefore a pool of recommendations on what positive actions must be reinforce, as well as how other weak points could be improved, thanks to a Report provided by the expert group based on the findings of the week spent in the territory jointly with different stakeholders.

Afterwards, the host will take into consideration this Report while building up its own Action Plan to be implemented according to the feasibility of recommendations and their particular situation and capacity.

Somehow, the peer review week turns into a kind of “Friendly Audit” by colleagues taking part in the partnership and experts on the topic of dark sky preservation and its exploitation as astrotourism resource, brought by partners.

This peer review took place between 18th September 2017 and 22th September 2017, in Hajdú-Bihar county. The basement was located in Debrecen and different meetings and on-site visits took place in different municipalities. The week was very well organized and all the event foreseen took place smoothly.

B) PEER REVIEW FOCUS

A summary document was sent by the host some weeks in advance to the proper peer review week, serving as a basement for the peer review team to first understand the starting point and therefore to organize itself about what to find out and by who to develop such a task.

The information provided was split in three parts as follows:

I. State of play of regional policies
II. Challenges and Expectations by the host
III. Expertise needs to bring to the peer review

I. State of play - Improving regional policies to reduce light pollution and protect and valorise dark night skies.

In Hungary, the regulation of light pollution has started but needs further activities as artificial light has negative impact on the organisms, their communities, the natural landscape and the starry sky. There are two national legislations:

Hungarian Act No. XCI. of 2008 amending the Hungarian Act on Nature Protection (Act No. LIII of 1996) focusing on protected areas: "... In protected natural areas stationary outdoor artificial lighting in outer areas or fields where building activities are not intended - except lighting necessary for the public transport facilities’ safe operation - must be designed so that the protected animals or species of Community interest not to disturb, endanger, damage."

- Hungarian Government Decree 211/2012 (VII. 30.) about the National Requirements of Building and Town Planning (Building Code).

- This newly updated Decree includes a clear definition of light pollution (Annex 1.) including the general requirement to focus lights on where and when it's needed.

- Beside the definition, there are two sections in the regulation including light pollution:
  
  o The first one is related to the health issues of light pollution in buildings
  
  o The second one provides specific instructions of the lighting of buildings, public lighting, sky signs and advertising lights.

There are three International Dark Sky Parks in Hungary and one is within Hajdú-Bihar County. Hortobágy Starry Sky Park was announced as a Silver Tier International Dark Sky Park on 25 January 2011. To increase public awareness and pay society’s attention to the issue of light pollution, the National Park organizes stargazing walks and specific programmes on Dark Sky Park values as well as favourable lighting practices; besides, a public astronomical observatory is located in the Field Study Centre.

Nevertheless, generally speaking the attitude of citizens to light pollution issues need to be improved, based in a previous understanding of these benefits. People are rather afraid of darkness, “the more light, the safer” is in their minds.
II. Challenges and Expectations by the host

II.a) Challenges for the host

As a main challenge, the attitude should be changed first on different levels:

- On national policy-making level the importance of tackling light pollution is much lower than required. As not that much economic benefits have been found in connection with this issue, it is not really on the agenda of the administration.

- More local politicians consider about streetlight refurbishing works and tend to disregard the interest of nature and they usually are not aware of the most favourable and modern lighting technology.

- People are rather afraid of darkness, “the more light the safer” is in their minds.

As for the Hortobágy Starry Sky Park concerns:

- The problem of light pollution and the Park is not sufficiently known by the inhabitants and decision-makers of the neighbouring settlements.

- The sky glow of neighbouring settlements and the disturbing lights of some exact premises are significant problems.

- Developments (public lighting, premises) do not consider the interests of the park

- Eco and astrotourism utilisation is low with poor infrastructure and not much possibilities are seen.

II.b) Expectations about recommendations after the peer review week

The host was looking for ideas and recommendations for awareness-raising on the above-mentioned levels:

- How to reach the threshold of local/national politicians with light pollution issues?

- How to change the attitude of the citizens to darkness and how to teach them environmental and eco-friendly behaviour?

- How to attract professional working force as well as appropriate financing? Development suggestions for the Hortobágy Starry Sky Park
- Further recognition on local, national and international levels as well.
- To decrease light pollution that affects the park.
- Take advantage and improve the potential of astrotourism and ecotourism.
- How to have closer and stronger cooperation with the municipalities, farmers, electricity companies and other responsible authorities (e.g. road operators)?

EXPERTS TEAM AND AGENDA

Once the partners got the information provided by the host in advance, it was time to select the proper experts to bring by each partner participating in the peer review week.

Actually, a great team was built up among all of the participants, who were coordinated by Avila County Council, playing the role of coordinator of the peers in this first peer review week, based on the experienced gained in other European projects using the same methodology.

The information provided by the host was read carefully by each team member, nevertheless, a first meeting was held during the first day, once the whole group was together, in order to set the goals, the methodology on daily basis according to the agenda foreseen, where both formal and informal meetings were planned, as well as both public and private stakeholders would participate in the meetings. Also, different on-site visits took place.

The peers were reminded the expectations of the host, the aim of the methodology, how to proceed day by day, actually a daily summary was agreed before ending each journey, as well as the following stages such as:

- Friendly atmosphere
- How to get info through questions open/closed
- Translation time, transfers, places to visit
- Daily summary to be conducted by the coordinator
- First draft of recommendation to be submitted on Friday, Media attendance
- Deadlines for gathering information after the peer review
- Final Report to be prepared by the coordinator

The panel of experts was a multidisciplinary team, covering the different fields of interest for the host, the meetings and daily summary run smoothly and all members agreed on the first draft of recommendations.
AVILA COUNTY COUNCIL, SPAIN
Coordinator: Roberto Rodriguez, Avila County Council, Marketing expertise and Tourism
Expert 1: Susana Malon, Luminica Ambiental Co, Light Pollution expert

LA PALMA, SPAIN
Ana Castañeda, La Palma, Tourism Management and Infrastructure
Expert 2: Ana Garcia, La Palma Astronomy Tour, Astrotourism

NATURE PARK OUR, LUXEMBOURG
Laurent Spithoven, Nature Park Our, Sustainable Tourism
Expert 3: Carole Ewert, Regional Tourism Office of the Luxembourg Ardennes, Marketing and Communication

SAMSO ENERGY AKADEMY, DENMARK
Peter Christensen, Samso Energy Akademy, Sustainable Development Education

FRYSLAN PROVINCE, NETHERLANDS
Expert 4: Sjon De Haan, Wadensee Nature Park, Entrepreneurship in protected Areas

According to each field of expertise and the findings, the work was split by topics to be detailed developed by different contributions, that were sent by the team in November.

<table>
<thead>
<tr>
<th>PEER TEAM</th>
<th>General / County</th>
<th>Transversal</th>
<th>Tourism / Astrotourism</th>
<th>Dark Sky</th>
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AGENDA FORESEEN BY HOST

The agenda was organized by the host as follows, highlighting the fact that several documents were provided by the host as supporting information about background, legislation, presentations given, studies about light pollution and dark skies in the territory, etc.

PEER REVIEW TEAM REPORT

AGENDA FORESEEN BY HOST

The agenda was organized by the host as follows, highlighting the fact that several documents were provided by the host as supporting information about background, legislation, presentations given, studies about light pollution and dark skies in the territory, etc.

PEER REVIEW MEETING
18th-22nd September 2017
Hajdú-Bihar County, Hungary
DRAFT AGENDA – v1

<table>
<thead>
<tr>
<th>Date</th>
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| Monday 18th September 2017 | Peer Review Preparatory meeting  
 - Introductions and background briefing with Peer Review experts  
 - Review key topics and agenda  
 - Agree on approach and mutual expectations  
 Venue: Hotel Aquaticum |
| 18:00-18:50 | Dinner  
 Venue: Krúdy Restaurant -4 Medgyessy walkway, Debrecen |
| Tuesday 19th September 2017 | Overview of state-of-the-art, interviews/discussion with core stakeholders  
 Venue: Hajdú-Bihar County Government, 54 Piac Str., 4024 Debrecen |
| 09:00- | Registration |
| 09:15-09:40 | Welcome by host institution  
 Role and activities of the Hajdú-Bihar County Government  
 Dr. Csaba Dobi – Head Notary, Hajdú-Bihar County Government |
| 09:40-10:15 | Roles and competences of chief architects in Hungary  
 Andrea Gonda-Magyar – Chief Architect, Hajdú-Bihar County |
| 10:15-10:45 | Discussion/interviews with the experts of the Hajdú-Bihar County Government |
| 10:45-11:00 | Coffee break |
| 11:00-12:30 | Meeting/discussion/interview with local policy makers  
 (vice-)mayors and representatives of settlements/local governments of the county |
| 12:30-13:30 | Lunch |
| 13:30-15:00 | Roundtable discussion with national decision maker expert(s), representatives of regulatory bodies and energy suppliers |
| 16:00 | Discussion of Peers  
 Venue: Hotel Aquaticum |
| 19:00- | Common dinner  
 Venue: Palma Restaurant - 44 Simonyi Str., Debrecen |
| Wednesday 20th September 2017 | Interviews/discussion with core stakeholders, site visit  
 Venue: Hajdú-Bihar County Government, 54 Piac Str., 4024 Debrecen; Nádudvar |
| 09:00-10:30 | Discussion with relevant members of the Regional Stakeholder Group – part I.  
 Experts from astronomy association, engineering office, tourism offices, university, lighting technology association |
| 10:30-10:45 | Coffee break |
| 10:45-12:00 | Discussion with relevant members of the Regional Stakeholder Group – part II.  
 Experts from astronomy association, engineering office, tourism offices, university, lighting technology association |
Thursday 21st September 2017
Overview of state-of-the-art, interviews/discussion with core stakeholders
Venue: Hajdú-Bihar County Government, 54 Piac Str., 4024 Debrecen

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<tr>
<td>08:30</td>
<td>Leaving from the hotel by bus</td>
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<td>09:30</td>
<td>Welcome</td>
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<td>09:40</td>
<td>Introduction of the Hortobágy National Park</td>
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<td>09:55</td>
<td>Introduction of the Hortobágy Starry Sky Park</td>
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<td>10:15</td>
<td>Coffee break</td>
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<td>10:35</td>
<td>Meeting of the employees/stakeholders of Hortobágy National Park / Starry Sky Park</td>
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<td>12:00</td>
<td>Lunch</td>
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<td>13:00</td>
<td>Site visit –Narrow gauge railway to Hortobágy fishponds</td>
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<td>16:00</td>
<td>Discussion of Peers, preparation of final presentation</td>
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<td>19:00</td>
<td>Common dinner and stargazing</td>
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Friday 22nd September 2017
Presentation of observations and preliminary recommendations of Peers open to the press
Venue: Hajdú-Bihar County Government, 54 Piac Str., 4024 Debrecen

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<tr>
<td>09:30</td>
<td>Registration</td>
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<td>10:00</td>
<td>Welcome</td>
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<tr>
<td>10:10</td>
<td>Introduction of Night Light project, peers and the happenings of the week</td>
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<td>10:30</td>
<td>Introduction of observations and preliminary recommendations</td>
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<td>11:15</td>
<td>Questions and answers</td>
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<td>11:45</td>
<td>Farewell lunch</td>
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<td>11:45</td>
<td>Press conference</td>
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3. CROSS-CUTTING

KEY FINDINGS ABOUT CROSS-CUTTING ISSUES

- **Hajdú-Bihar county**

  The region has some great assets to make it a promising international destination. There are the Spa’s in the Area that already attract many tourists, there is the Hortobágy National Park, indeed a dark area and there is the Lake Tisza, also the town of Debrecen has much to offer. Nevertheless, all strong brands that that are barely connected to each other.

  The area is well connected by road, railway and airport. The increasing activity at the airport results in easy and cheap access for international tourists, especially short stay vacations. Connections are lacking to get from Debrecen to Hortobágy National Park; having an excursion is possible but it takes a lot of effort from the tourist. The area also has tremendous resources in its history: the reformation in Debrecen, the story of the grey-cattle and how it connects the national park to the landowners in Debrecen, the trekking of the cattle to markets as far away as Nurnberg, so, the region has lot of cultural resources in terms of traditions and legends to be told and introduced for tourists.

**Debrecen**

The town of Debrecen has a well-developed spa and hotel sector, it is a lively town that can promote its status as centre of Hajdú-Bihar. The town is well kept and can accommodate tourist for one or two days with shopping and culture.

**The Spa Sector**

Existence of a well-developed tourism offer in the scope of “wellness” - it is a very significant product but it also seems to cater for mass tourism. Moreover, the complexes are huge, a good attendance: 400,000 visitors per year around Debrecen with an average stay of 2,6 days or up to 30,000 people out in the thermal region on sunny weekends.

There are good national & international travel connections (e.g. train station, airport), the tourist sector is distinctively organized from national to regional and local level (with over 60 tourism offices, tourism representatives declare their willing to include quality dark sky offer).

Perhaps a wider scope beyond the spa sector could be combined with it, thus the offer could be more complete as an integrated experience.

**Hortobágy National Park**
This is a unique place, well known by bird watchers from all over the world, it is a dark sky park and a World Heritage. The park has a nice, small visitor centre well combined with the workshops for traditional crafts. The bird watching huts are nice, the train into the marshland is an attraction on its own. We have not been to the “puszta zoo” (safari park) but what we gather from the social media is that it isn’t much appreciated by the visitors. Also the events organised seem to be important assets. The guesthouse with the observatory mainly caters for school children, this is important but not a market that helps you to further develop your product and the surrounding areas. From the documents and our interviews we gather that the park is indeed very dark but this fact was not well communicated.

Within the park and the village centre we miss the integration of the different items, the combination makes it into a strong product with a focus on responsible tourism. The feeling for the group is that several actions are taking place but several of them in an isolated manner, so to boost cooperation at different levels it is a must on the territory.

- **Awareness about darkness**

  How to make the general public understand the importance of reducing light pollution? Hajdú-Bihar County owns one of the biggest unpopulated and darkest areas in Hungary. At least people know about “their” unique and beautiful dark sky. On the other hand, the population expresses a strong demand for modernisation and security, which risks to create counterproductive effects. Throughout the meetings with all possible representatives, local and regional actors, we experienced a wide interest to discuss the awareness and importance to reduce light pollution.

  It seems clear the need to reinforce towards citizens and stakeholders the high potential that some parts of the territory has in terms of dark sky.

- **General lack of awareness about dark sky potential**

  One important aspect that was brought to our attention several times during the meetings with representatives from different bodies and organisations was the lack of awareness about the great resources this region owns and the existing potentials related to the introduction of dark sky areas and astro-tourism, therefore, reduced knowledge about light pollution issues, this also affects to some of the other findings made by the Peer Review team:

  - Huge potentials, but isolated actions taken
  - Communication seems missing in some cases
RECOMMENDATIONS ABOUT CROSS-CUTTING ISSUES

- Training at Educative sector about darkness

To overcome the negative feeling associated to darkness, to investigate possibilities of integrating the educational material, linking the activities about darkness and its benefits to local educational institutions in order to work with future decision makers.

- Show the potential and engage local communities

One of the mayor findings made by the Peer Review team is that there are great potentials for creating awareness by strengthening the existing links between Spa & Nature & Culture & Gastronomy activities in the Hortobágy National Park and the whole Hajdú-Bihar Region.

A lot activities are taking place in the region about Spa sector, but the challenge is to link this strong sector to some complementary activities in order to offer an integrated package to visitors, giving them the option of a complete experience in the region: Wellness + Nature.

- EU projects to share and learn good practices

Investigate possibilities of linkage to other EU projects or programmes within the Region, in the field of Sustainable Tourism, Astrotourism, Traditions...etc.

4. LIGHT POLLUTION

KEY FINDINGS ABOUT LIGHT POLLUTION

- State of the art of Lighting infrastructure

Public lighting infrastructure lies within the responsibility of the local municipalities. Overexposure is common and old constructions are often replaced by oversized infrastructure ignoring technical aspects to decrease light pollution effects (full cut off, lighting temperature, etc.). Investment priorities are mainly cost cutting (through efficiency) and increase of lighting points. Municipalities often do not have own funding possibilities and do look out for subsidisation opportunities for those kind of invests.
Lack of an accurate strategy to control the new outdoor lighting installation projects or the refurbishing of the existing ones, actually, it seems they are going to renovate the outdoor lighting installations but the trend in the use of LED technology is not clear. It was mentioned that the Correlated Colour Temperature (CCT) it would be 4000k, what is against no light pollution criteria (see recommendations). The technical know-how in the area should be improved.

Another issue to improve is the communication between different levels and/or stakeholders, in some cases work but could be improved. Generally speaking the promotion of the tourism in the area is fine but maybe it could be improved in a more proactive way. Besides, the info about the visitor profile could come in handy for organizing the promotional activities for the tourism offer.

- Legal frame distinguishes light pollution

Generally speaking the system of regulations and policies seems to be fine and running smoothly. Nonetheless, when it comes to the accurate topic of light pollution, the existing legal frame is good but eventually not showing improvement since their implementation. The Nature Protection Act and Building code figure a good basement for the implementation of further regulations concerning light pollution. Well-structured spatial planning tools (e.g. county spatial plan, settlement spatial plan, etc.) deliver potential starting points. Important role of Hajdú-Bihar County Government (regional development, spatial planning, coordination)

It is highly positive the stakeholders are willing to discuss about light pollution and take part in such a meetings and consider different points of view.

Even though there are different technical documents about lighting, nonetheless, there is no specific legislation on outdoor lighting related to avoid light pollution in the territory, except in the Hortobágy National Park, although this one must be updated since the technology in artificial lighting has been developed in recent years thanks to LED technology.

RECOMMENDATIONS ABOUT LIGHT POLLUTION

- Create a working group on light pollution within the region
Create a working group related to light pollution that includes scientists, universities, ecological and dark sky associations, etc. to develop a complete state of art in light pollution and the effects on humans, environment, climate change (similar way to the Spanish Lighting Committee that created a working group in chronobiology, astronomy, ecology and human health, among other aspects related to the night impact of the artificial light)

It should be set the main stakeholders target group to involve when facing light pollution in the region:

- Local and regional authorities
- Local and regional organisations and institutions
- Politicians
- Local citizens/stakeholders
- Tourist sector

Each group individually has to be evaluated according to the overall awareness strategy.

This often requires special local knowledge. Therefore, it might be a good idea to seek out and engage key people who could act as ambassadors for the cause and the project. In order to convince and activate these ambassadors it is important to find out what can “sell the project” and what the project can offer the individual stakeholders.

**Meetings and conferences:** Like mentioned before it is important that the light pollution issues continuously are put on the agenda. A good platform to start off in order to reach as many people and target groups as possible is by attending relevant meetings and conferences in the region introducing the light pollution issues, by for example forming working groups.

- **Create Awareness about Light Pollution**

The overall communication strategy is central to create awareness on light pollution in the Hajdú-Bihar Region. The strategy should take into account; when and how politicians and officials should be involved? It is important to be proactive and to inform early about the upcoming activities in order to avoid misunderstandings and to align the partners' expectations. On the other hand can a falsely timed press release or other information lead to large protests and even harm a project.

There might be a need to build network and to develop a communication platform. Commonly local newspapers and the municipal website are convenient to inform about public meetings, but social media such as Facebook and Twitter might provide opportunities to reach out to broader groups in the local area.
It is important that the different target groups understand the light pollution issues and that they can identify themselves with the plans and activities. In other words, it’s important to communicate clear goals and messages. Some brochures, short video could help to this goal to communicate the issues and challenges, the effects on the biodiversity and on humans, the lack of stargazing sky, the future plans and not at least the many potentials of the activities.

It is important constantly to achieve results and to demonstrate proactivity, setting up realistic and achievable milestones. In this context, **good practise and stories** can be an important tool to provide images on the experience and vision. Stories and experiences from similar situations and issues can help providing inspiration and ideas for creating awareness and moving forward in the process.

- **Awareness Campaign about Darkness benefits**

Negative artificial effects have to become more tangible ("*We only believe what we see*“). General public and policy makers must be invited to see what inefficient lighting infrastructure is causing to “their” beautiful dark sky. This can be done by selective training but sometimes a small hint is sufficient to sharpen observation and raising awareness (e.g. media campaigns, field experience, etc.).

Organize and develop a **light and dark experience** where locals can learn about the darkness. Let them experience the way their eyes adjust when it is dark and when there is some light. Different types of light are shown. If you make it mobile (truck / container) take it to the villages.

Hajdú-Bihar County with its natural heritage and the Hortobágy National Park is in possession of its own “Dark Sky Pearl”. This relevance could be one of the future key messages building up an ecology-minded identity and convincing policy makers in elaborating innovative strategies and putting trust in unconventional guidance through light pollution issues.

- **Technical workshops**

Plan and implement **technical workshops** for local stakeholders on lighting issues. In the medium term provide a **Handbook on Light Pollution** to get the basic knowledge, regulations,...etc.

“Starlight” or “No light pollution” criteria are basically related to:

- ULORinst (Upper Light Output Ratio) of luminaries = 0% (< 1%)
Ratio of the upward luminous flux of the luminaire, measured under specified conditions with its own lamp(s) and equipment, to the sum of the individual luminous fluxes of the same lamp(s) when operated outside the luminaire with the same equipment, under specified practical conditions

- **Spectral radiance of the lamps without blue light content**
  Lamps must emit energy flux under 500nm lower than 5% of the total flux emitted in the whole visible range. In terms of Correlated Colour Temperature (CCT) ≤ 2200K or PC Ambar

- **Regulation luminous flux during the night**
  In the luminaires there must be implemented a reduction of power and lumen output for different hours during the night, related to the night activity.

- **Illuminations levels on the ground**
  Almost the Em (lux), Um (%), Lm (cd/m2), Uo (%) and Ul (%) parameters have to respect the international criteria published, as we mentioned before, but avoiding the over illumination on streets and the lost light toward the external areas and facades that produce intrusive light.

- **Legal framework and Technical aspects**
  The actual revision process of the county spatial plan to end 2018, is a unique opportunity to introduce high standard regulation criteria (e.g. zoning). This step would generate an additional legitimation to fix details (for technical/physical factors for the use of artificial light: light temperature, orientation, shielding, etc.) on a lower level (e.g. settlement spatial plan, settlement identity handbook, municipality decrees).

  Working on a legislation draft that involves municipal technicians, scientists, lighting manufactures, energy companies, ecological and dark sky associations, etc. in outdoor lighting based in the actual technology, taking care about international lighting recommendation, for example: illuminations levels in roads, streets, pedestrians, (Directive 2009/125/EC (Eco=design energy devices). This legislation must include the “starlight” or no light pollution criteria, following the report of light pollution working group created as: Canary Islands, Catalonia, two regions in Chile, Slovenia and other Italian regions.

- **Lighting infrastructure**

  Modernisation of lighting infrastructure is nowadays based on the idea of energy efficiency. But the efficiency aspect is not a criterion for exclusion compared with prevention of light pollution (e.g. EON business model 4000°K is also offered as 3000°K model).
Investment strategies and priority criteria should be revisited under the aspect of environmental concerns. Adducting best-practice examples, counselling actors, innovative projects (e.g. CityEnGov) & clusters, active cooperation with Debrecen University etc., could be fruitful to the process of sensitisation, showing municipalities that affordable lighting infrastructure including aspects as cost cutting, energy efficiency, norms, maintenance, security aspects, acceptance and environmental safety are realisable.

Drawing a “zoning” of the territory based on vulnerability to light pollution, including dark sky and environmental protected areas and also municipalities, roads, industrial areas and others.

Carrying out a pilot project in an outdoor lighting installation (it would be better in the Hortobágy area) to demonstrate that using this king of “starlight” criteria, safety people is done, and international recommendations in terms of illuminations levels and NO light pollution are fulfilled.

- **Apply for a Starlight Certification**

  Start the feasibility and procedure analysis to get the Starlight Reserve Certification of Hortobágy National Park, in order to preserve the night sky and environment and to promote the astronomical tourism in an efficient and sustainable way.

  A Starlight Reserve is a protected natural area where a commitment to protecting the quality of the night sky and access to starlight is established. Its function is to preserve the quality of the night sky and the different associated values, whether cultural, scientific, astronomical, or the natural landscape.

5. TOURISM - ASTROTOURISM

KEY FINDINGS ABOUT TOURISM AND ASTROTOURISM

- **Need of Strategic Plan for Sustainable tourism development & marketing**

  One important aspect that was brought to our attention several times during the meetings with representatives from different bodies and organisations was the fundamental lack of a clear touristic development plan as well as a marketing plan of the Region, created or revised that contains the phases of regional development in tourism. Therefore, it is the perfect moment to decide which is the regional strategy on tourism development, in order to cooperate and coordinate different actions.
Furthermore, seems a bit underestimated the high potential that the region has for develop astrotourism, jointly to spa, bird-watching, hiking, biking,...and so on. However, the proper sector need to understand how important is for their own economical sustainability.

**RECOMMENDATIONS ABOUT TOURISM / ASTROTOURISM**

- **Potential integration of Spa sector jointly with Hortobágy National Park**

The touristic future of Hajdú-Bihar is one of sustainable tourism where the whole area feels that they are part of the product. The inhabitants and companies take care of the environment, reduce light pollution and are great hosts. They will do this if they being aware they have been taken part in further development of the area from the involvement of local communities. Through tourism valuable assets like the national park and the dark sky park become valuable assets for the people living on the edge of the park. They need to understand that darkness is needed for stargazing but even more important for the nature in the area.

The spa sector can bring in new target groups that are interested in doing more than being in the Spa, they come outside the main season and go for a visit to Debrecen, spend an day and evening in the national park to experience the nature and learn about the stars. They learn about the way the herdsmen used the stars to navigate through Europe, somehow coming back to their/own roots.

The new target to be considered as potential could be some of the following:

- Traditional Spa guests
- City trippers from Western Europe, make the stay longer by offering a dark sky or a Hortobágy World heritage trip
- Cultural tourist, higher educated they want the story about regional traditions and legend
- Bird watching guests as Nature oriented guests
- Education guest, through offering various Astronomy courses

Make the herdsman and the grey cattle a centre stage of the promotion in order to easily connect the products (national park, dark sky, World Heritage, lake, Debrecen) to this story.
An inspiring combination of sunset, gastronomy and night sky observation even in winter when the number of clear nights seems to be higher than in summer could become an extra attractive offer for the visitors to the Spa sector. Therefore, activities connecting local gastronomy, culture and heritage and natural resources using it as synergies. For example, a dinner while clients are receiving a talk about astronomy, followed by a night visit to the park and stargazing

Make the key stakeholders understand by experiencing dark sky themselves, show them the potential of Spa+National Park, take the owners of the Spa’s to the national park and work with them on a pilot to bring their guests to the national park. Also, try to bring the villagers and politicians of the surrounding villages to the park and let them experience the dark and the light pollution. Teach them about what is good about darkness but also how they can make clever use of light

Taking into account the strength of the spa sector in the area as well as the uniqueness of the National Park any project to develop tourism and specifically astrotourism to international level should join wellness, nature and together with enjoying the night sky. Excellent natural resources in addition to the “pearl” of Hortobágy National Park what is the darkest place of Hungary.

\[ \text{spa = wellness, nature = wellness, nature = darkness = calm = wellness = health! “Health” could be a very significant subject within the communication for the touristic identity.} \]

In general it is recommended that the project team organize several bus tours to the nature park for the different target groups. This will give stakeholders the opportunity to see for themselves the potential of the Dark Sky area and the park - and at the same time it will help to create a common reference point for future discussions.

On the other hand, apparently there is a link to other innovative touristic projects (e.g. Oxenweg project) and cultural resources (e.g. shepherd’s orientation), what certainly bring opportunities for Rural development: actually searching for new economic opportunities.

Is this a dream? Yes it is, but it is possible. After a few days in the area we believe that it has a big potential.

- Need of a Sustainable Tourism Strategy
When building up the strategy on Sustainable Tourism, try to gathering as much stakeholders as possible, and make it compatible to the general touristic offers of the region (being part of the regional “identity”). The strategy needs to set a management structure, the target group, the accessibility, a defined number of marketing products and a communication strategy at different international, national and local levels.

It is always important to have different visions and perspectives when drawing up a common strategy, since what is really important is that everyone participates and decisions are made upon agreement, which will facilitate the implementation later on.

It must be stressed a “sustainable” tourism strategy because tourist, that come for products like the world heritage and the dark sky park, expect things to be sustainable. We also feel that a sustainable strategy is something for the long term, not for short-term gains.

- Include Regional Tourism as a priority at National level

The selection of priority regions by the government decides about future funding possibilities and touristic and economic development. Hajdú-Bihar County needs to identify and declare an extraordinary position within the national tourism sector, assuming innovative approach and proactivity.

Use these sustainability aspects and the unique character of the regional resources as an advantage in advertising to be selected as priority regions for tourism by the government.

- Improvement of Marketing and Communication Touristic offer

Modern tourists no longer chose their destinations alone by the comfort of the available accommodations. Selection criteria are way more divers and complex. They chose a region because of the offered “package” including all kind of aspects as for example attractions (cultural, natural, social sightseeing), accessibility and mobility, gastronomy, accommodation, wellness, etc. The commercialization of this “package” premises the best tangible common identity of the offered destination.

Building up a coordinated and outstanding touristic identity in a region presumes a good cooperation between regional and local stakeholders. A touristic offer has to be clarified, target groups have to be defined, marketing products need to be consistent and its communication has to be uniform and omnipresent.

Do crosslink staid events, activities and offers in your region to the subject and value of protecting dark skies.
Use Debrecen as the ideal “stepping-stone” destination to offer one or more day tours into its rural surroundings to experience wellness, nature, darkness, cultural heritage, etc. (hiking, biking, sports activities) all in all with a strong sustainability connotation.

Increase of selected foreign travel agencies offers (depending on the defined target group).

Use popularity as marketing. Show popular regional, national or international people experience your destination (e.g. nature, dark skies, activity,...), so, to seek out and engage key people who could act as influencing ambassadors for the destination.

Make a social media strategy. Right now a lot is written about the area but nobody reacts on behalf of the area, of the attractions. This is the cheapest way of promotion.

- **Astrotourism development**

The Hajdú-Bihar region has the tourist resources needed to create an astrotourism product: it has traditions related to the sky and the course of the stars, it has a National Park certified with the Dark Park category, it has a long number of legends related to the sky, has a centre with telescope for informative activities, in addition to the spa and cultural and recreational capital of Debrecen ... But it is necessary an important work of planning and coordination that still needs to be done in the framework of the Sustainable Tourism Strategy mentioned before. Not only in the creation of the planning tools, but also in the implementation of the plan.

Concerning astrotourism, the Dark Sky Park of Hortobágy National Park is only one and also a very specific part of the region and it provides some natural challenges embedding touristic offers. It is a protected area with environmental constraints, restricted accessibility and the offer of accommodations and supply is very defined. Furthermore offers for astrotourism are weather- and season dependent.

The project must be centralized and coordinated, for example, the regional government that coordinates the actions and brings together the decision-making group "Table of the Stars" whenever necessary. This will avoid dispersing resources and efforts in the development of activities will have better results. The actions to be taken are: entrepreneurs involvement, training sessions, include educative sector through youngsters in the target group, annual event, local artisans involvement, thematic events jointly with gastronomy and traditions.
Think about joining other World Heritage sites, or dark sky parks, in international marketing at the ITB in Berlin. This can be effective once you have agreed on a joint campaign. Especially in order to invite journalist, bloggers ad to inform the organised travel companies.

However, to develop astrotourism to a viable level it is paramount to have a reliable bus touristic route connecting Debrecen, the spa resorts and the National Park. Nowadays both locally and externally there is a weak communication of how to access the activities and resources of the National Park.

Target clients should be described and activities for each target developed accordingly. Right now, children enjoy the night sky at the National Park in a range of activities but for the general public the scope is found insufficient.

- **Infrastructures for astrotourism**

  It is important to take into consideration some observation infrastructures that would be ideal for the implementation of astrotourism, viewpoints for stargazing, it is also very important to know how to take advantage of existing resources by combining them with new uses:

  - Platforms on ground as viewpoints to observe the night sky, some of them could be using the observation towers for birds
  - Interpretation centres can also be adapted

  In case of having the financial resources in the long term, a planetarium could become also a complementary resource.

- **Develop direct transfers from Debrecen and the major spa-towns to the National Park.**

  Consider this as a shared resource an fund it jointly, it will take some years to become profitable, but you have to start. If you go for sustainable transport such as electric busses you can probably also contribute to the sustainable approach and connect with the visitor eco-profile.

6. **CONCLUSIONS**

Taking into account the strength of the spa sector in the area as well as the uniqueness of the National Park any project to develop sustainable astrotourism at international level should join wellness, nature and together with enjoying the night sky
The following recommendations could be taken into account in order to implement some of them according to feasibility and road map of the Action Plan to be set later on:

CROSS-CUTTING ISSUES
Awareness about Light Pollution and Darkness benefits
Training Education about darkness and light pollution to future decision makers

LIGHT POLLUTION
Regional Working Group on Light Pollution
Legal Framework
Technical workshop and Handbook Guidelines
Light Infrastructures
Starlight Certification applicant
EU projects and International partners

TOURISM / ASTROTOURISM
Link Spa and National Park, Wellness & Nature
Strategy on Sustainable Tourism
Transfer connections from Debrecen to National Park
Dark sky experiences on Astrotourism
Communication and Marketing

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