



# InnovaSUMP

Interreg Europe



European Union  
European Regional  
Development Fund

## DETERMING AND CHANGING USER BEHAVIOUR



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Thematic Workshop on Sustainable Mobility

# Partners of InnovaSUMP



- Nicosia (Lead partner)
- Prague
- Exeter
- Ravenna
- Kordelio - Evosmos
- Iasi
- Vilnius
- Viseu
- Aristotle University of Thessaloniki

# Travel behaviour determination

## How to determine travel behavior?

### Consultation processes

Travellers express their problems, needs, ideas on certain issues regarding mobility

### Public Surveys

Determination of travel habits (customer satisfaction, stated preference surveys, origin-destination surveys) → Preference on trip modes and routes, number of daily trips, Kms travelled etc.)

### IT applications

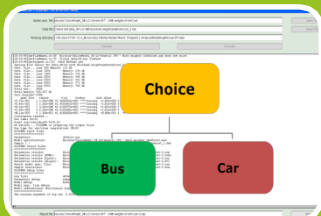
- Travel Patterns
- Service demand
- Traffic characteristics-parameters (traffic delay, queue length, etc.)

# Nicosia - Key Questions



## Identification and prioritisation

- On which corridors should we focus?



## Transport mode choice

- Under which conditions do people switch mode of travel?



## Potential bus priority measures

- What measures will improve the bus journey times?

# Transport mode choice

The screenshot shows a software interface with a terminal window on the left displaying system logs and a control panel on the right. The control panel includes fields for 'Model type', 'Data file', and 'Working directory'. A flowchart is overlaid on the right side of the interface, starting with a yellow box labeled 'Choice' at the top. Two lines descend from 'Choice' to two separate boxes: a green box labeled 'Public Transport' on the left and a red box labeled 'Car' on the right.

Under which conditions do people switch mode of travel?

# Factors Affecting Choice of Mode – Public transport versus Car

## Factors

Public transport and car journey time

Access to public transport stop

Frequency of service

Type of service and comfort

Public transport fares

Parking charges

Parking space availability

# Stated Preference Surveys (SP)

## What is Stated Preference?

SP studies are concerned with **measuring and understanding the preferences** underlying individuals' choices based on how they respond to **hypothetical situations** in which realistic alternatives are introduced for a defined trip.

## Why?

SP surveys are beneficial in collecting responses for policies which are new, for example, introducing a new mode of transport or road pricing.

## How?

Respondents are asked to state their modal preferences for a defined journey as the choices available and their characteristics are varied in a systematic way.

# Who is the end user?

- Man or Woman?
- Is (s)he young or old?
- Rich or poor?
- Captive or not captive?
- Positive or negative?
- Willing to change?











*How these affect his behavior?*





# Stated Preference Questionnaire Design

SHORT TRIPS - Choice Set 1 - Card number 6 - ID 67

ΕΠΙΛΟΓΗ Α OPTION A	ΕΠΙΛΟΓΗ Β OPTION B
	
Διάρκεια βαδίσματος (από την αφετηρία μέχρι το αυτοκίνητο) Walking time (from origin to car)	Διάρκεια βαδίσματος (από την αφετηρία μέχρι στάση λεωφορείου) Walking time (from origin to bus stop)
 <b>&lt;1</b> min	 <b>3</b> min
Χρόνος οδήγησης Driving Time	Ο χρόνος αναμονής (στη στάση του λεωφορείου) Waiting time (at the bus stop)
 <b>15</b> min	 <b>5</b> min
Κόστος (Parking) Cost (Parking)	Διάρκεια διαδρομής στο λεωφορείο και εισιτήριο Travel Time on the bus and fare
	 <b>12</b> min
Διάρκεια βαδίσματος (από το χώρο στάθμευσης προς τον προορισμό) Walking time (from the car park to destination)	Διάρκεια διαδρομής από τη στάση μέχρι τον προορισμό Walking time from stop to destination
 <b>&lt;1</b> min	 <b>4</b> min

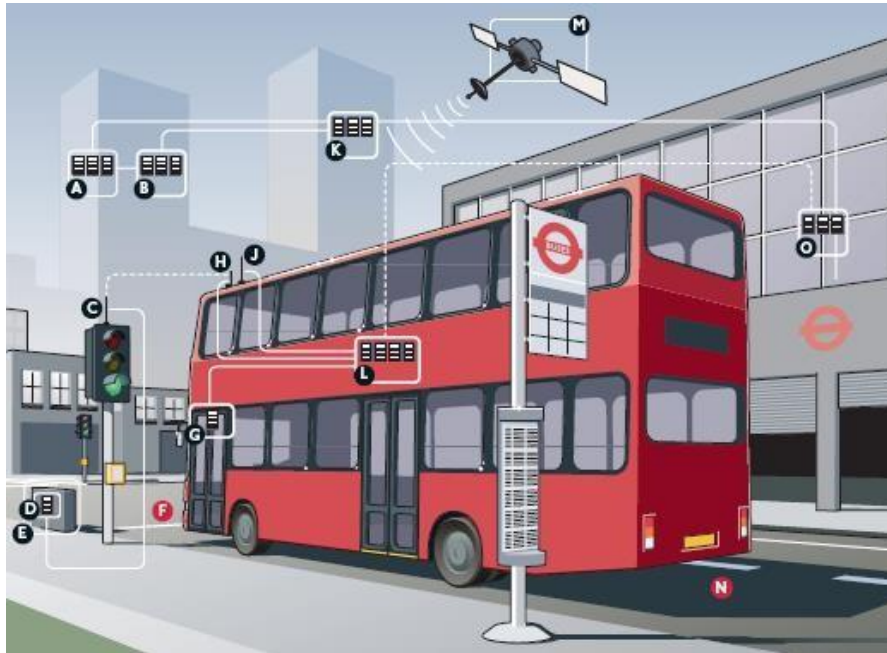
# Potential bus priority measures

## Bus lanes (with-flow and contra-flow)



# Potential bus priority measures

## Bus detection at signals and bus pre-signals / bus gates





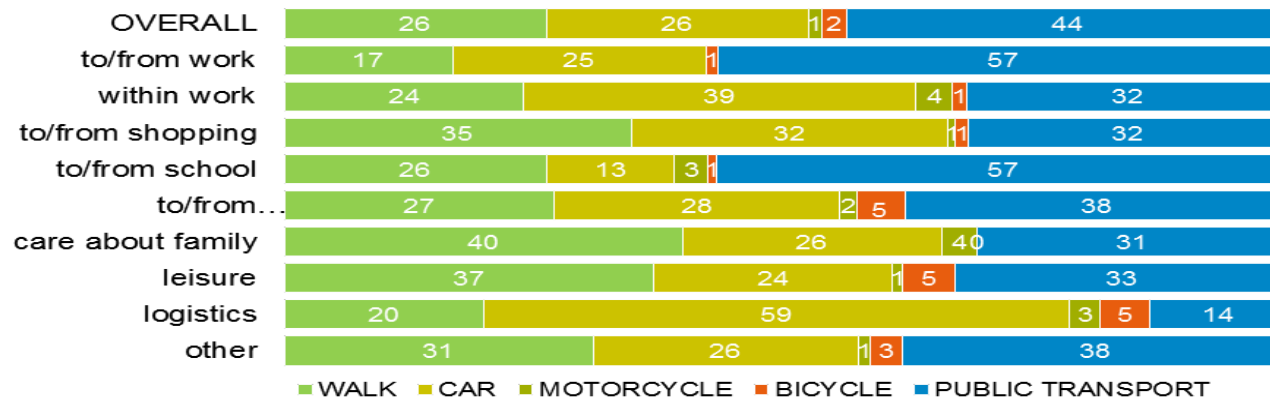




# Determining and changing travel behaviour - PRAGUE

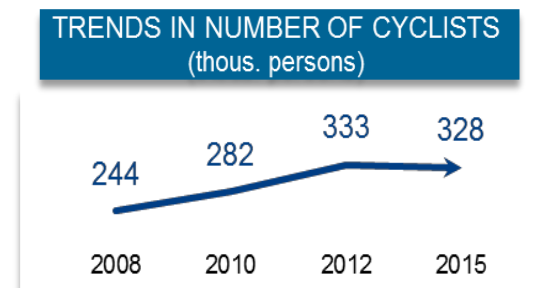
## What we know about travel behaviour of residents of Prague agglomeration?

- Differences in travel patterns between urbanites and suburbanites
- Suburbanites travel more often by car
- The share of car on modal split continuously increases
- The share of bike is marginal (about 1 %)



# Findings

- **Cycling has strong potential in Prague**
- **Cycling is not seen as important in general**
- **Users perceives many barriers**
  - Safety
  - Conditions at work/school
    - bike parking
    - hygiene
- **Strong demand for connection with public transport**
- **Summer / winter differences**
- **Maps and navigation for cyclists**



# Main Results:

- Travel time of public transport has the highest effect on car choice
- The effect of price regulation on car demand is lower than proportional (*middle time price elasticity for Prague -0.59*)
- Improvement of road infrastructure (to make car trips faster) leads to higher attractiveness of car compare to other travel modes (*e.g. 50% travel time reduction → ~17 % induced car demand*)
- Regulation measures based on pricing increase inequality (here we model average effects, in reality pricing affects more low income households)
- Short time effects (are proportionally higher) than longtime effects

# Future Challenges:

- New travel alternatives:
  - Car-sharing
  - Bike-sharing (e-bike sharing)
  - Light e-mobility (e-bikes, e-scooters)
- Travel services (*transport-as-a-service*)
  - On-demand transport
  - Uber-like services
  - Autonomous mobility
- Shifts in shopping patterns
  - Shopping delivery services



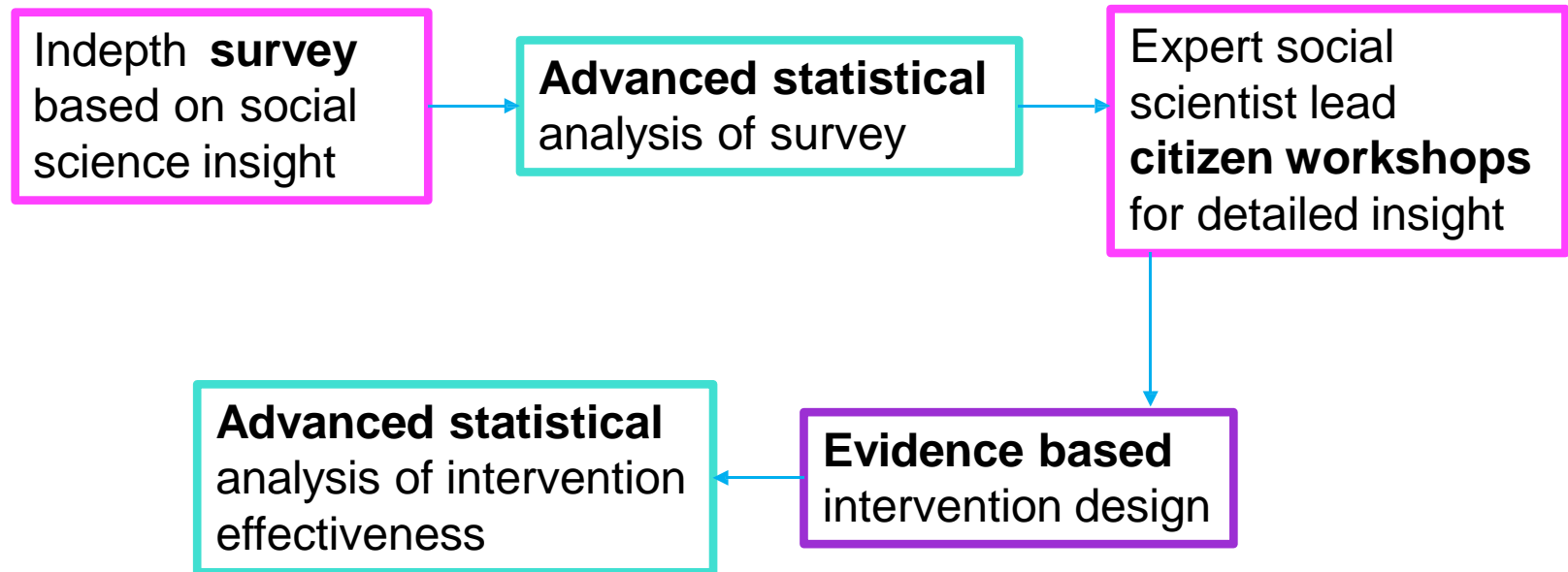
# Travel Behaviour Research- EXETER

Aim to reduce congestion through **encouraging behavioural change** towards more sustainable modes of transport



## A unique approach

- **Collaboration** between social scientists and statisticians



# Engagement with businesses

## TRAVELDEVON toolkit for businesses



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Transport isn't just about getting from A to B – it's an essential part of business.

The Travel Devon Toolkit can help your business:

- Reduce car park congestion
- Reduce business mileage costs
- Improve access to your site for staff, visitors and customers
- Enable a healthier and more productive workforce
- Aid with staff recruitment and retention
- Become more sustainable



[Sign up for the Travel Business Network newsletter](#)

### Met Office

"The Travel Devon Roadshow at the Met Office proved very valuable and has helped us reduce pressure on our car parks. Staff found the personalised journey planning very beneficial and have taken advantage of the public transport taster tickets."



#### Recently started using the toolkit:

Exeter Scientific Developments Ltd  
Dynamiq Management  
Jacobs  
Okehampton College  
SeeData Limited

# Engagement with schools

## St Leonards Primary School

Mode	2007	2014
Walk	45%	67%
Cycle	5.3%	6.7%
Single occupancy vehicle	42%	20%





# Social marketing

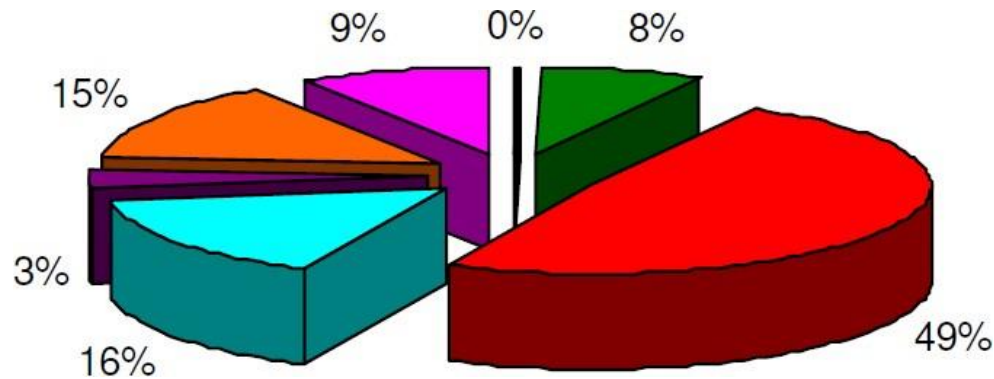


# Determining and changing travel behaviour - RAVENNA



## Mobility information

Modal split – Journeys inside Ravenna, general view (2011):



- Train
- Bus
- Car (driver)
- Car (passenger)
- Motorcycle
- Cycling
- Walking

**PT + Walking + Cycling = 32%**



# From Topics to Actions for Travel Behaviour Change

Topics

+ Data



Actions

- Public transport
- Parking policy
- Pedestrian areas
- Safety
- Electric mobility
- Cruise port related mobility
- Urban freight
- Accessibility for disabled
- Cycling
- Traffic calming
- New infrastructures

45%  
of journeys  
are inside the  
chief city

70%  
of car  
journeys  
inside the  
chief city are  
comprised  
from 0 to 5 km

- A Free parking + free bus
- B Limited Traffic Zone
- C Parking subscription
- D Project with students
- E. Traffic light timing
- F. Job ticket
- G. Tests with citizens

# Actions for Travel Behaviour Change- RAVENNA

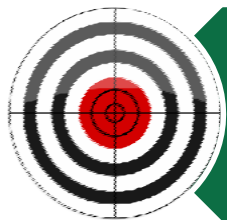
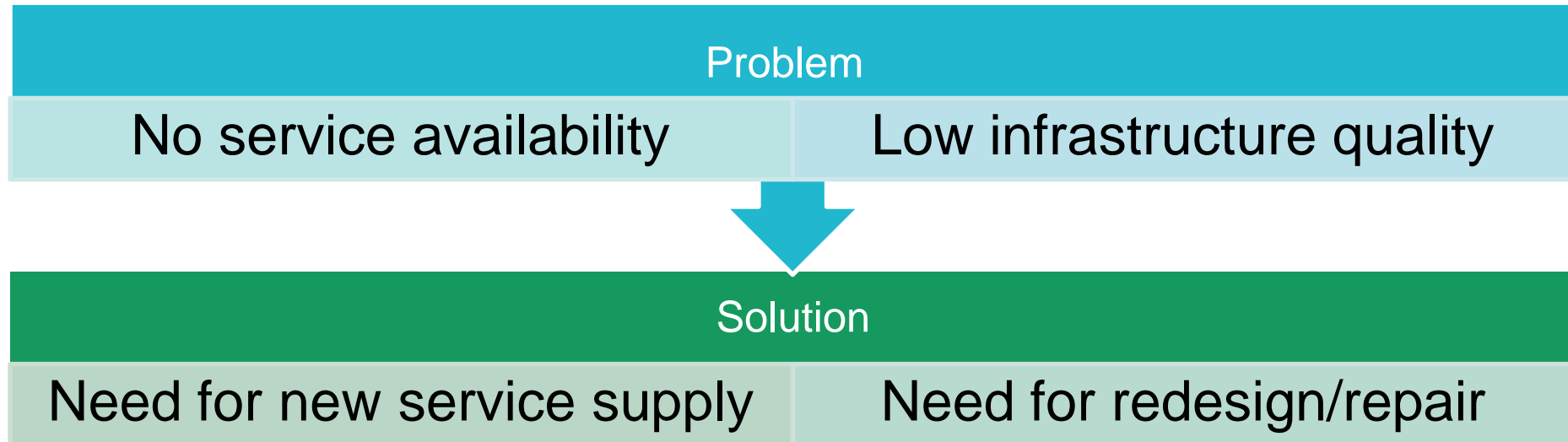


Actions Topics	A Parking + free bus	B Limited Traffic Zone	C Monthly Parking subscription	D Project with students	E Traffic light timing	F Job ticket	G Test with citizens
Public transport	✓	✓				✓	✓
Parking policy	✓	✓	✓	✓		✓	✓
Pedestrian areas		✓					
Safety	✓	✓		✓	✓		
Accessibility (disability)		✓	✓				✓
Cycling		✓		✓	✓		✓
Traffic calming	✓	✓	✓	✓	✓	✓	
New infrastructures				✓			

# Mobility measures for changing behaviour

## Kordelio-Evosmos

### Current measure planning approach



**Attraction of new users**



# Mobility measures for changing behaviour

## Kordelio-Evosmos

### Actions towards sustainable mobility

#### Walking

- Development of green space (parks, green parklets, etc.)
- Upgrade of sidewalk infrastructure

#### Cycling

- Development of cycling infrastructure
- Introduction of bike sharing system infrastructure

#### Vulnerable users

- Redesign and reconstruction of sidewalk infrastructure

#### Motor-vehicle measures

- Construction of off-street parking infrastructure
- Road repair/resurfacing

# Mobility measures

## Cycling promotion



## Sidewalk reconstruction, vulnerable user infrastructure



# Mobility measures for changing behavior- IASI

## Alternative mobility

### Pedestrian areas

- 300 m of a central avenue have been transformed in pedestrian area on 2012
- new area need to be identified at least in the historical area of the city and near the schools

### Cycling

- low use – see image below
- 14km of bicycles lanes have been made on EU funds during 2010-2014 – insufficient for the city and poorly connected
- 1-2 renting centers only during summer
- Lack of specific signs, indicators, parking places

#### Solutions:

- An integrate project “Velo city” including permanent renting spots, parking and tiketing, new regulation for ciclyng on the entire Metropolitan area



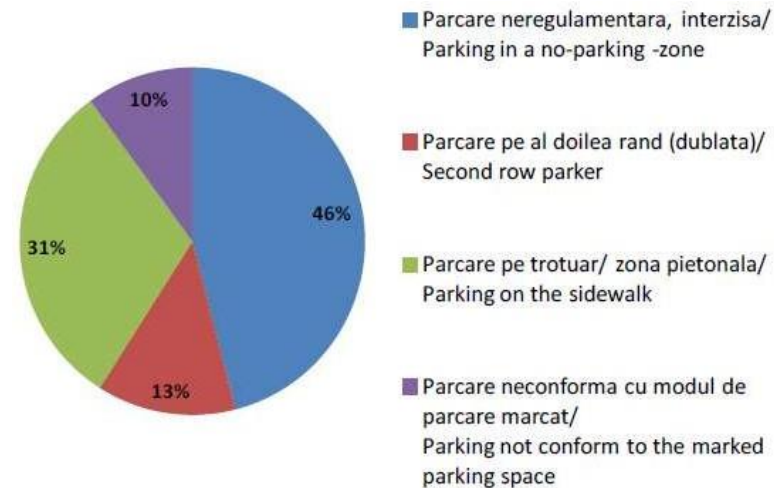


# Mobility measures for changing behavior- IASI

## Parking and parking management

### Problems:

- Lack of parking places
- Parking on not permitted/ inappropriate places



### Solutions:

- Clear regulations for parking
- installing of parcometers
- developing of applications for phone to identify empty parking in the area
- Parking area connected with public transport



# Main components for a successful transport system - overview

**Updated & well documented Transport Plan (SUMP)**

**Highly Qualified Professionals**

**Funding**

**Coordination/cooperation between stakeholders**

**Support by politicians**

**Benchmarking-Monitoring-Standardization Procedures**

# Even SUMP's are stressing the need to look at the user..

## 10.3 Inform and engage the citizens



## 2.3 Plan stakeholders and citizen involvement



## 4.2 Actively Inform the Public

Sustainable Urban Mobility Planning

# The role of the “a-priori” preferences



**vs**



**vs**



**vs**



**Car**

**Bus**

**Motorbike**

**Bicycle**

	<b>Car</b>	<b>Bus</b>	<b>Motorbike</b>	<b>Bicycle</b>
<b>Travel Time (in vehicle)</b>	10	15	9	27
<b>Travel Time (out vehicle)</b>	1	5	1	0
<b>Cost</b>	2	0,80	1,00	0

# The role of the “a-priori” preferences

**Consumers’ choices are not always based on objective criteria**

**Criteria:**

**Directly measured: Time, cost, fare, parking fees etc.**

**Not directly measured: Comfort, safety, reliability etc.**

**All these being equal, the consumer might have an “a-priori” preference**

**Measure -> error measurement -> error in predictions!**

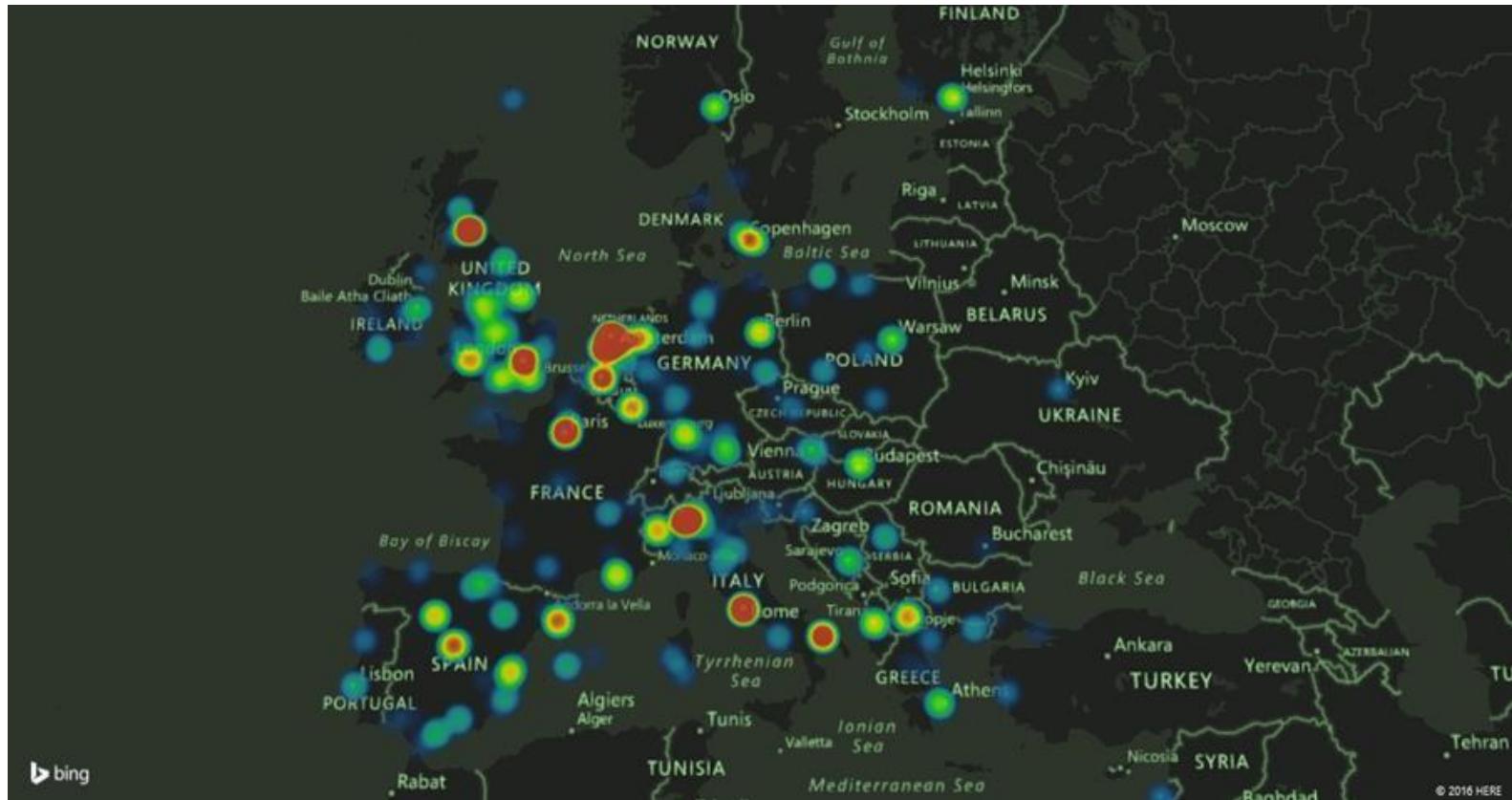


# The Behavioral Stage for Change

- ✓ Wide use in social sciences, easily to measure
- ✓ can help in understanding how aware a person is about a problem examined (e.g. thoughtless smoking, eating or using his car),
- ✓ Formulate policies of changing the current behaviour
- ✓ Ignore may lead to interpretation errors of behavior



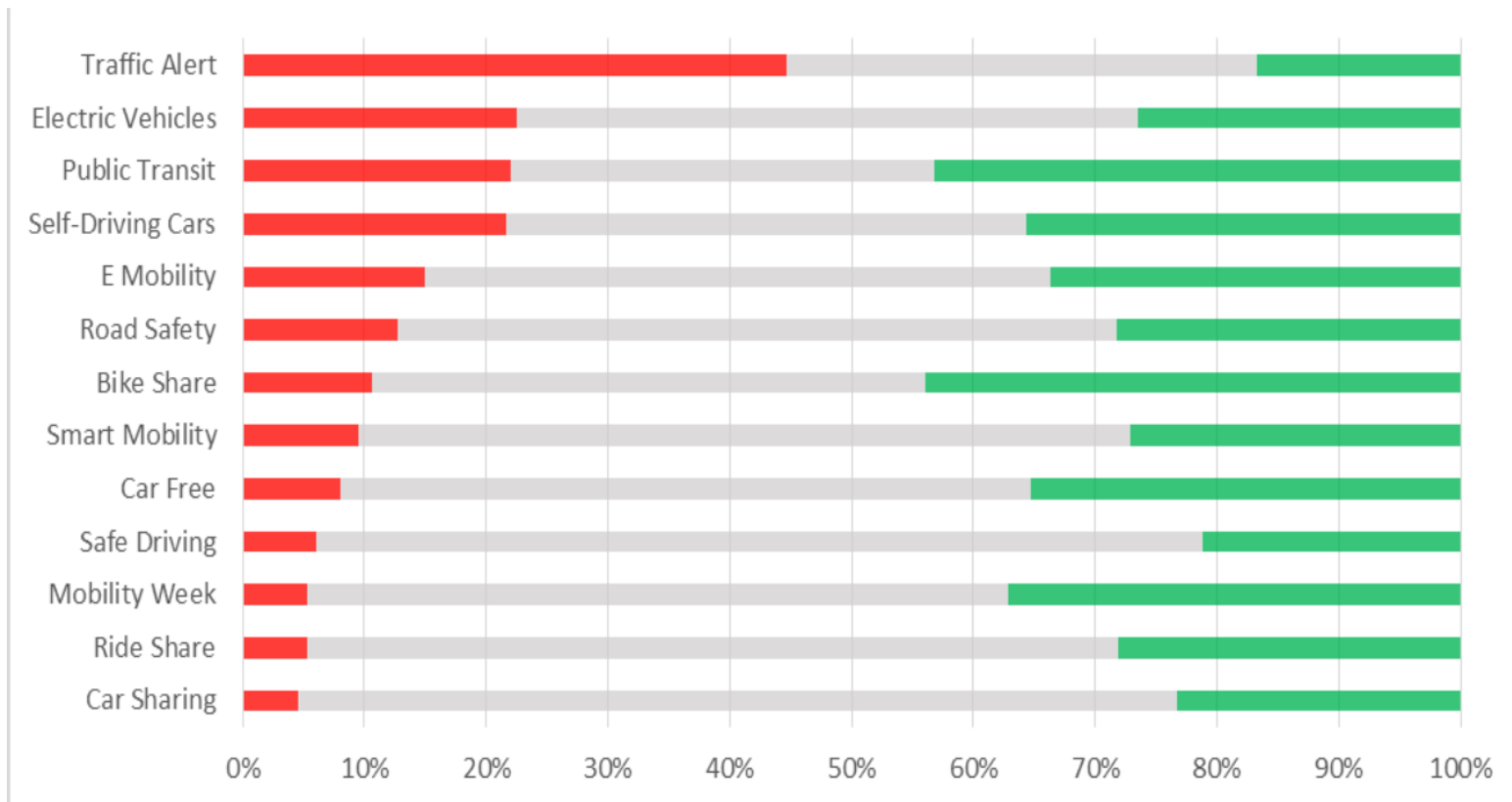
# New trends on User Understanding



## Tweets for Mobility Week 2016

*Pouliasis & Politis, (2016)*

# New trends on User Understanding



**Sentiment Analysis (68000 tweets)**

# 5 (+1) things to Remember...

1. Consider trip as a service and not as a good...
2. Put the end user in the game
3. Focus on decision making process and not on the “final” choice
4. Segmentation of the population may work
5. Multidisciplinary approach
6. Last but not least.....

IF YOU  
CHANGE  
NOTHING,  
NOTHING  
WILL  
CHANGE

